

# **ELDERLY PEOPLE**

**CURRICULUM ABOUT SYNERGIA ACTIVITIES** 







#### **GENERAL INTRODUCTION**

**Synergia is a social research society training and consulting** firm operating since 1989 in the field of social and health policy. In the last fifteen years, Synergia developed hundreds of research projects for the public sector (Ministries, Regional governments, Local governments) and for private companies (firms, foundations, associations), on local, national and European levels, deploying solid scientific expertise with a strong commitment to operating efficacy and timely delivery.

Its works answers to specific knowledge, understanding and action needs and translates into projects that include:

- strategic support to targeted social action policies;
- · policy and services planning and evaluation;
- quantitative and qualitative research about needs, expectations, behaviours;
- trend and scenario analysis;
- organisation consulting;
- supervision and training;
- · information systems implementation;
- thematic database development.

### THE TOPIC

In the past 20 years, society has come to consider the ageing of the population as a structural and inescapable phenomenon. Synergia has helped services, as well as central and local public administrations to acquire knowledge about this phenomenon and to adapt to social change, through actions and research aimed at increasing the understanding of the sociological characteristics of this process within specific contexts. Today the ageing of the population brings up new problems requiring innovative strategies and tools, so as to suitably intervene to tackle them. The main consequence on the system of services is the increase of the number of **non self-sufficiency and chronic related pathologies** (first and foremost dementia). Resources have to be redressed so as to support families with non self-sufficient elders, also through new strategies and individualised and diversified care paths. Residential services will keep having an important role to face care needs of non self-sufficient elders, but the quality of assistance, especially in its socio-relational and participatory aspects (let us think about entertainment for guests and continuous training for workers) can be improved, in order to give importance to the "human" factor of care and to improve patients' quality of life and satisfaction. Public administrations can also play an important role in prevention, favouring the capacity of the elder to redefine his/her biography and to progressively adapt to his/her new routine. This is why we think necessary to integrate the system of formal care resources with the voluntary sector and family associations; with housing policies and Home care; with daily services and health prevention services. We should not forget that the majority of elders is still self-sufficient: for this target the issues of poor social participation, exclusion from the labour market, poverty risks have been studied by Synergia, so as to support decision-makers in putting interventions in place. These are the challenges facing society and on which Synergia is working, for the development of innovative strategies and the improvement of the quality and the efficacy of existing services.



2010	2nd pilot inquiry for the implementation of SINA-Information System for Non Self-Sufficiency Customers: Agenzia Regionale Sanitaria - Liguria, Ministero del Lavoro e delle Politiche Sociali
2010	Residential services for the Elderly in Puglia Region (IV year) Customers: Regione Puglia
2010	Implementation of the multidimensional evalutation system for the elderly (S.Va.M.A.) Customers: Regione Autonoma Valle D'Aosta
2010	Research on private care demand and on recruiting care givers in Veneto Region Customers: Veneto Lavoro - Venezia
2010	Systematizing the data flows on non self sufficiency Customers: Provincia Autonoma di Bolzano - Alto Adige
2009	Pilot inquiry for the implementation of the SINA - Information System for Non Self-Sufficiency Customers: Agenzia Regionale Sanitaria - Liguria, Ministero del Lavoro e delle Politiche Sociali
2009	Residential services for the Elderly in Puglia Region (III year) Customers: Regione Puglia
2009	Training activities on the results of the social survey on elderly population over age 70 Customers: Provincia di Cremona
2009	Social Survey on two cohorts of people (50 - 64 and 65 - 79 years old) Customers: Provincia Autonoma di Bolzano - Alto Adige
2009	Quality care for quality aging: European indicators for Home Health Care (2009, 2010)  Partners: Regione Basilicata, Municipality of Brussels, Municipality of Helsinki, UNCCAS - Union Nationale de Centres Communaux d'Action Sociale, Technet Berlin, Municipality of Halandri, Municipality of Terrassa, Fundación Comunidad Valenciana - Región Europea, CdIE - Centro di Iniziativa Europea, Ulss Veneto Orientale
2008	Residential services for the Elderly in Puglia Region (II year) Customers: Regione Puglia
2008	Conference on the Multidimensional Evaluation Tools for the elderly Customers: Regione Veneto
2007	Revisit of the information flow on home assistance services (SAD-ADI) Customers: Regione Veneto, Ulss Veneziana
2007	Social Survey on elderly conditions and the needs of local elderly population Customers: Provincia di Cremona
2007	Analysis on the rest home trend demand Customers: ARSAC – Associazione delle Residenze Socio Sanitarie Assistenziali della provincia di Cremona
2007	Study on the average charge in residential services for the elderly in Veneto Region Customers: Regione Veneto, Ulss Cittadella
2007	Conference "The elderly condition:new social policies for new social care needs" Customers: Regione Autonoma Valle D'Aosta
2007	Residential serivces for the Elderly in Puglia Region Customers: Regione Puglia
2007	Job Satisfaction analysis in residential facilities for elderly in Foggia Province Customers: Provincia di Foggia, Euromediterranea Pianificazione e Sviluppo - Foggia



2007 Provincial Observatory on Midrants (Filli) vea	2007	Provincial Observatory	on Migrants	(Fifth vea	r)
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Customers: Provincia Autonoma di Bolzano - Alto Adige

#### 2006 Territories and non self-sufficiency. The role and the activities of the Labor Union Patronage

Customers: Ires - Istituto Ricerche Economiche Sociali - Roma

## 2006 Implementation of the SVAM-A System (Years 2006, 2007)

Customers: Regione Veneto, Ulss Vicenza

# 2004 Active@Work: Innovative Strategies and Alternative Working Arrangements to Promote Active Ageing (2004, 2005)

Partners: University of Tampere, Empirica Gesellscaft für Kommunikations und Technologieforschung Gmbh, University of Art and Design of Helsinki, Deutsche Bank, Network Occupazione

#### 2003 The image of elderly persons among high school students

Customers: Provincia di Como

# 2003 Training programme for the start-up of an information flow on Home Care Assistance Services

Customers: Comune di Genova

## 2003 Experimental project for the analysis of recreational activities in residential facilities for elderly

Customers: Regione Lombardia

#### 2003 Quality in RSA for the elderly

Customers: Provincia di Cremona

#### 2003 Customer and Job Satisfaction in in-patient wards in Province of Bolzano

Customers: Provincia Autonoma di Bolzano - Alto Adige

# 2002 Research training program for professional educators on elderly poverty in Comune di Bolzano

Customers: Scuola per le Professioni Sociali della Provincia Autonoma di Bolzano

#### 2002 Master course for "consultants of excellence" supporting services for the elderly

Customers: Provincia Autonoma di Bolzano - Alto Adige

#### 2002 Customer Satisfaction in residential and local facilities for people affected by dementia

Customers: Regione Emilia Romagna, AUSL di Ravenna

### 2001 Conference Third Age: a resource to enhance, a world to discover. Second Edition

Customers: Somedia - Milano

#### 2001 Consulting for the start-up of a gerontologic prevention space

Customers: Provincia di Mantova

#### 2001 Database of social workers of Nursing homes for the elderly

Customers: Provincia di Cremona

#### 2000 Conference Third Age: a resource to enhance, a world to discover. First Edition

Customers: Somedia - Milano

#### 2000 Methodological consultancy at EU project "elderly news"

Customers: SPI-CGIL Milano

#### 2000 Social worker dynamic database

Customers: Provincia di Como

#### 1999 Training program for elderly care services manager

Customers: Provincia di Lecco

#### 1999 Social Survey on elderly conditions and the needs of local elderly population

Customers: Provincia di Como, Comune di Como, SPI-CGIL Como, FNP-CISL Como, UILP Como

#### 1999 Database of social workers of Home Care Assistance and Child care center



Customers: Provincia di Varese 1999 Customer Satisfaction in the network of facilities for the elderly and disabled person Customers: Provincia di Lodi 1999 Prevention and Well-being of the Elderly Customers: Regione Veneto, Ulss Vicenzall 1998 Training course for the elderly daycare center managers Customers: Provincia di Cremona 1998 Social Survey on elderly conditions and the needs of elderly population Customers: Regione Piemonte 1998 Training activity for managers, medical nursing and social workers of Alzheimer's care units Customers: I.Re.R - Istituto Regionale di Ricerca della Lombardia - Milano 1997 Definition and planning of a model of Observatory on Elderly Condition Customers: Provincia di Como 1997 Study on training requirements for social workers of retirement homes and CSE Customers: Provincia di Varese 1997 Training course for rest home managers and coordination figures in social services Customers: Provincia di Varese 1997 Socio-organizational study on regional SAD/ADI services Customers: Provincia di Lodi 1996 Sociological study of Day Care Centers for the Elderly Customers: Provincia di Milano 1996 Training course for social operators of Mantova Geriatric Institute Customers: Provincia di Mantova 1996 Inquiry on perceived quality and customer satisfaction of home care services in Alto Adige Customers: Provincia Autonoma di Bolzano - Alto Adige 1996 Management training program for mangers of retirement homes Customers: I.Re.R - Istituto Regionale di Ricerca della Lombardia - Milano 1996 Socio-organizational study and training activity on regional SAD/ADI services Customers: Regione Autonoma Friuli-Venezia Giulia 1995 Observatory for the Elderly of Cremona Province Customers: Provincia di Cremona 1995 Sociological study on the elderly women of the city Customers: Comune di Settimo Torinese 1995 Advanced management training course for mangers of retirement homes Customers: Regione Autonoma Friuli-Venezia Giulia 1995 Project management software for Daily Care Center for the elderly Customers: Provincia di Milano 1995 Writing the book "Dentro la cura. Famiglie e anziani non autosufficienti" Customers: SPI-CGIL Bergamo, Scuola Regionale per Operatori Sociali del Comune di Milano

1995 Statistical and sociological analysis for a National Research Council project

Customers: Università di Pisa



# 1994 Basis management training course for new-mangers of retirement homes Customers: Provincia Autonoma di Bolzano - Alto Adige 1994 Management training course for retirement home managers Customers: Regione Piemonte 1994 Social Survey on elderly conditions and the needs of elderly population Customers: Provincia di Varese 1994 Management training course for retirement home managers Customers: I.Re.R - Istituto Regionale di Ricerca della Lombardia - Milano 1993 Management training program for mangers of retirement homes Customers: Regione Autonoma Friuli-Venezia Giulia 1993 Social Survey on elderly conditions and the needs of elderly population Customers: Comune di Parabiago 1993 Sociographic analysis on Home Care Assistance Services Customers: Provincia di Cremona 1993 Socio-organizational study on rest homes and on management styles Customers: Provincia Autonoma di Bolzano - Alto Adige 1992 Information flow on home care assistance for the Information System Customers: Comunità Montana Valchiavenna - Chiavenna 1992 Training and experimental activities for retirement homes Customers: Regione Lombardia, Provincia di Cremona, Istituto Vismara dè Petri - San Bassano 1992 Report on socio-demographic dynamics in Italy Customers: Università di Trento 1991 Training course for social workers, nurses and mangers of Home Care Assistance Services Customers: Comunità Montana Valchiavenna - Chiavenna 1990 Training course for technical managers of Home Care Assistance Services Customers: Provincia Autonoma di Bolzano - Alto Adige 1990 Training course for retirement home managers in Verona area Customers: Regione Veneto 1990 Analysis of organizational procedures in a care service for elderly people Customers: Consorzio Servizi Sociali di S. Bonifacio - Verona 1990 Sociological study on Home Care Assistance Service and analysis of the users Customers: Provincia Autonoma di Bolzano - Alto Adige